

## LOVE HABITS BY MARCI BELL, MA, LPC

### CONTENTS

	Foreword	7
	<i>Living love habits, by Mark Bell.</i>	
	Introduction	8
	<i>Lifelong love begins today!</i>	
1	Goal-Setting Habits	10
	<i>Marriage success includes fulfilling longings of love, unity, &amp; joy.</i>	
2	Love & Unity Habits	17
	<i>Marriage success includes daily commitment.</i>	
3	Restoration Habits	32
	<i>Marriage success includes restoration.</i>	
4	Maintenance Habits	45
	<i>Marriage success includes awareness &amp; growth.</i>	
5	Heart Habits	58
	<i>Marriage success includes a spiritual model of marriage.</i>	
6	Self-Test Habits	63
	<i>Marriage success includes personal renewal.</i>	
7	Role-Playing Habits	69
	<i>Marriage success is a partnership requiring team-work.</i>	
8	Power Habits	79
	<i>Marriage success includes power for success.</i>	
9	Communication Habits	88
	<i>Marriage success includes speaking the truth with love.</i>	
10	Emotional Habits	96
	<i>Marriage success includes heart-felt expression.</i>	
11	Reconciliation Habits	114
	<i>Marriage success includes forgiveness, healing &amp; reconciliation.</i>	
12	Negotiation Habits	128
	<i>Marriage success includes harmony &amp; compatibility.</i>	
A	Appendix A: <i>Foundation-Strengthening Habits</i>	135
B	Appendix B: <i>Marriage Coach Partners Program Guidelines</i>	139
C	Appendix C: <i>Partnership Roles Questionnaire</i>	146
D	Appendix D: <i>Love and Unity Habits Summarized</i>	153

Limited supplies of hard copy available from Marci Bell. See [BalancedLifeInfo.com](http://BalancedLifeInfo.com) for contact info. Love Habits EBooks coming soon.